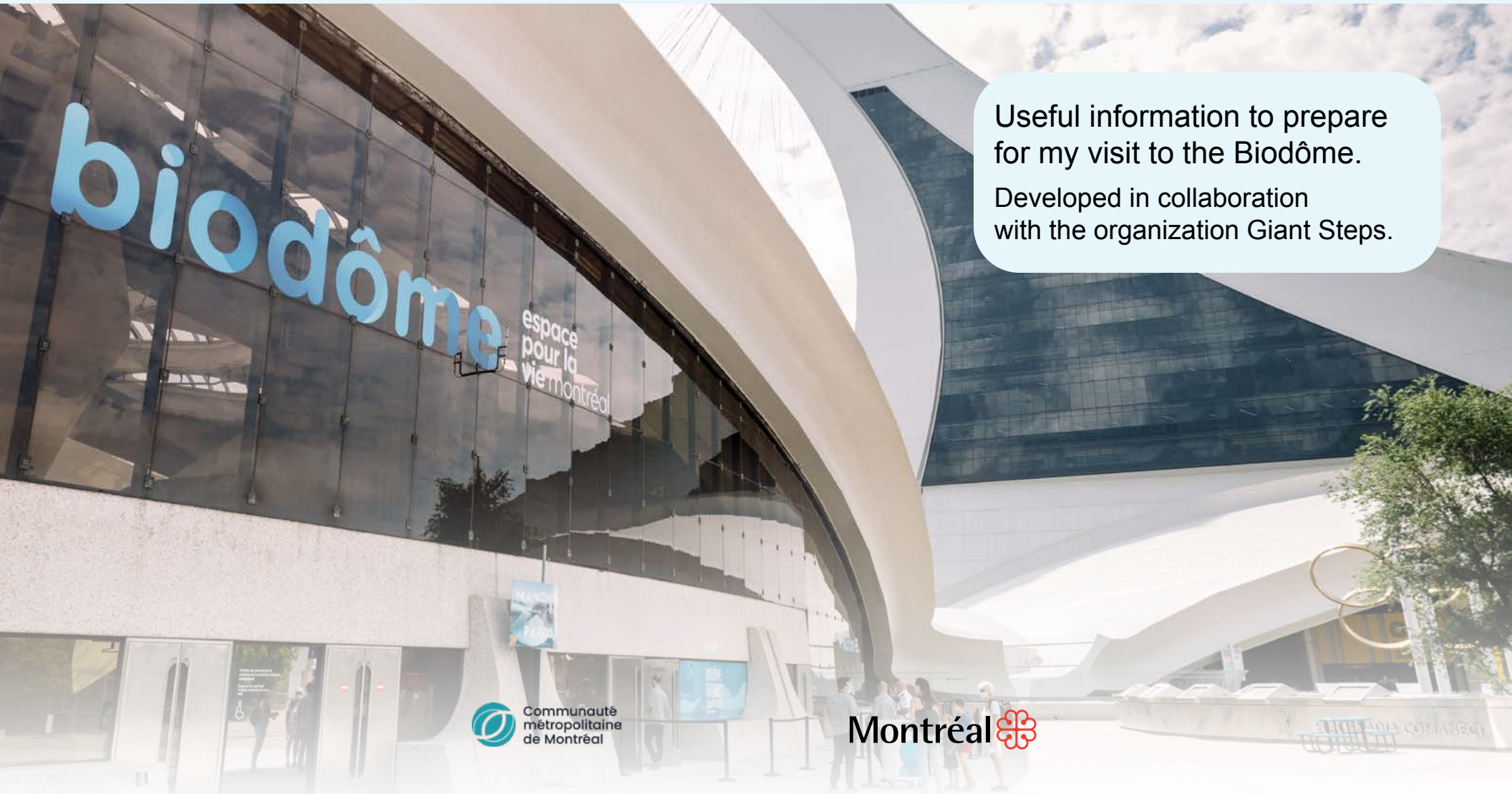


PREPARATION GUIDE

MY BIODÔME VISIT

Useful information to prepare for my visit to the Biodôme.
Developed in collaboration with the organization Giant Steps.



PREPARATION GUIDE

SUMMARY

1. PREPARING FOR MY VISIT TO THE BIODÔME	PAGE 3
2. DURING MY VISIT TO THE BIODÔME	PAGE 10
3. OTHER ADAPTED SERVICES OFFERED AT ESPACE POUR LA VIE	PAGE 16
4. MAP OF THE BIODÔME	PAGE 17
5. COMMUNICATION BOARD	PAGE 18

PREPARING FOR MY VISIT TO THE BIODÔME

1

The Biodôme is a museum where I can see and learn a lot about animals and plants from the five ecosystems of the Americas: the Tropical Rainforest, the Laurentian Maple Forest, the Gulf of St. Lawrence, the Labrador Coast and the Sub-Antarctic Islands.

As I walk through these ecosystems, I will pass near waterfalls, birds and animals that sometimes make loud sounds.

Before I buy my ticket, I can watch this [video](#) to get ready.



Biodôme de Montréal



Espace pour la vie Montréal
11.1K subscribers

Subscribe

220



Share

Save



I BUY MY TICKET

I can buy my ticket online

To buy my ticket online,
[I can click here.](#)

I choose the day and time that works best for me.

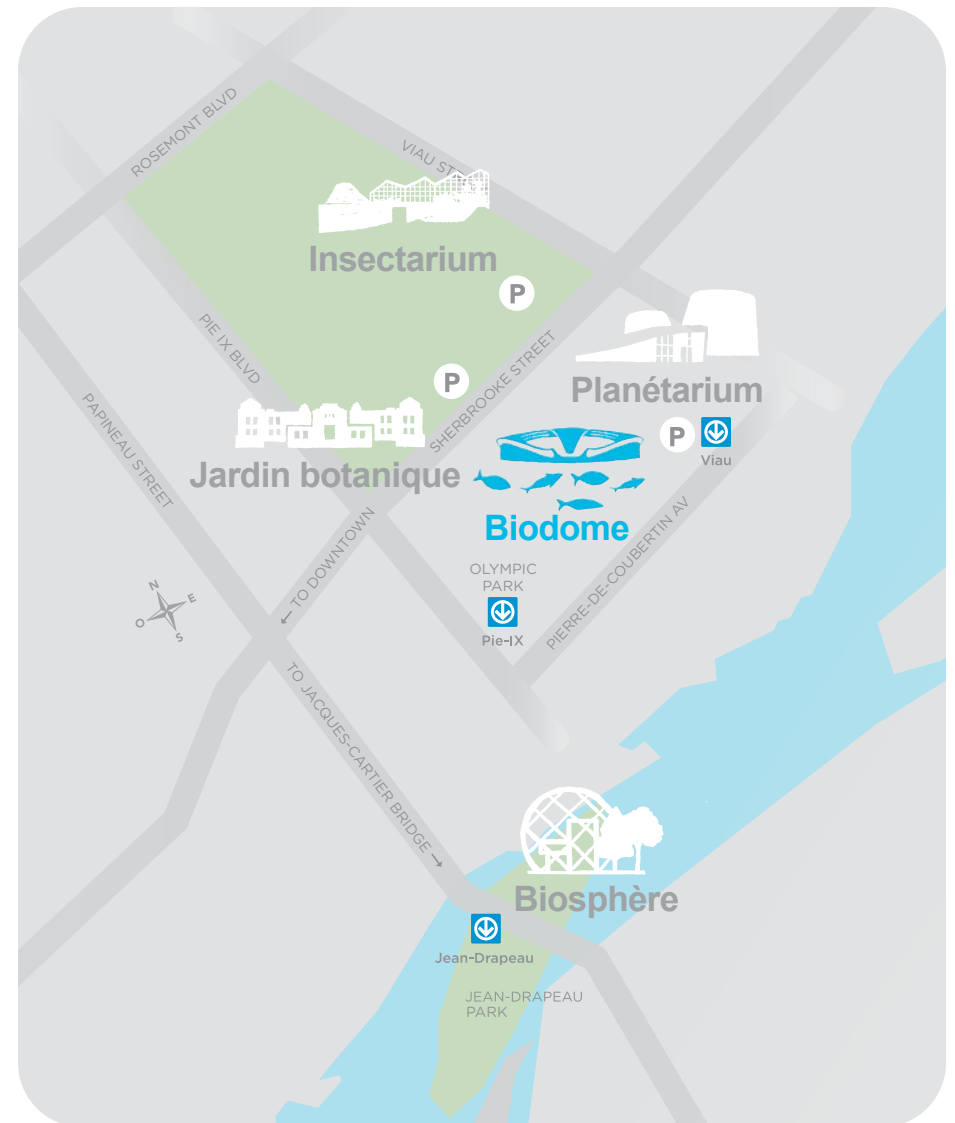
I keep my ticket on my phone so that I can show it when I arrive.

I can also buy my ticket on-site.

The screenshot displays the website for Espace pour la vie Montréal. At the top left is the logo with the text "espace pour la vie montréal". At the top right is a "MY PASSPORT" button with a user icon. Below the header is a "Ticketing" section. The main feature is the "Espace pour la vie Passport" promotion, which offers access to five museums for 12 months. Below this are three featured ticket options: "The Frontiers of Infinity" at the Planétarium, "Family Saturday" at the Biosphère, and "Sensory-friendly Moments" at the Planétarium. Each option includes a description, dates, and ticket types (Regular tickets and CMM* Resident tickets). Below the featured options is a "Museums" section with buttons for "biodôme", "biosphère", "insectarium", "jardin botanique", and "planétarium". Each museum button also lists "Regular tickets" and "CMM* Resident tickets (Greater Montreal)". A red circular icon is visible in the bottom right corner of the page.

BEFORE I LEAVE HOME

- [I check how to get there.](#)
- I make sure I am dressed comfortably. The temperature is different in each ecosystem. For example, it is warm in the Tropical Rainforest ecosystem, but it is cool in the Labrador Coast and Sub-Antarctic Islands ecosystems.
- I can bring a water bottle, a snack, my communication device and anything else I need for the day.
- I can bring things that help me feel good, like my headphones or a toy.
- If I have a service dog, I cannot bring it with me into the Laurentian Maple Forest and the Tropical Rainforest ecosystems. This is to avoid contact between my dog and the animals in these ecosystems.



THE BIODÔME HAS AN APP

I can [download the app](#) on my cellphone if I want more information during my visit.



I ARRIVE AT THE BIODÔME

The Biodôme is located near the Olympic Stadium.

I go in through the main entrance. I will see a very large space with white walls. This is the entrance hall. It can be noisy if there are many people.

I may already notice different smells and sounds coming from the animals.



I GO INTO THE BIODÔME

If I need to buy a ticket, I go to the ticket counter. I might have to wait in line at the ticket counter if other people have arrived before me.

After I buy my ticket at the counter, or if I already have a ticket because I bought it online, I show it to the person at the entrance.

I might have to wait in line before showing my ticket.



THE BIODÔME'S SENSORY KITS



I can borrow a sensory kit for my whole visit.
It has objects that can help me feel calm and comfortable.

Before lending me the sensory kit, a staff member will ask me to leave a piece of ID
(a driver's licence, a healthcare card, a student card or another card with my name
and photo on it).

I can get my ID back when
I return the sensory kit before
I leave.



DURING MY VISIT TO THE BIODÔME

2

Inside the Biodôme

The museum is on three floors. I can use the stairs or the elevator to go from one floor to another.

There are washrooms on every floor. I can find where they are on the map (see page 17). If I cannot find the washrooms, I can ask a staff member to show me where to go.

The ecosystems where I can see live animals and plants are on the ground floor.

I cannot touch the animals.



EXHIBITIONS AND GUIDED ACTIVITIES

There are exhibitions in the basement and on the 2nd floor. Some parts of the exhibition are interactive. I can play games on screens. I can also touch furs, hear sounds and smell animal scents.

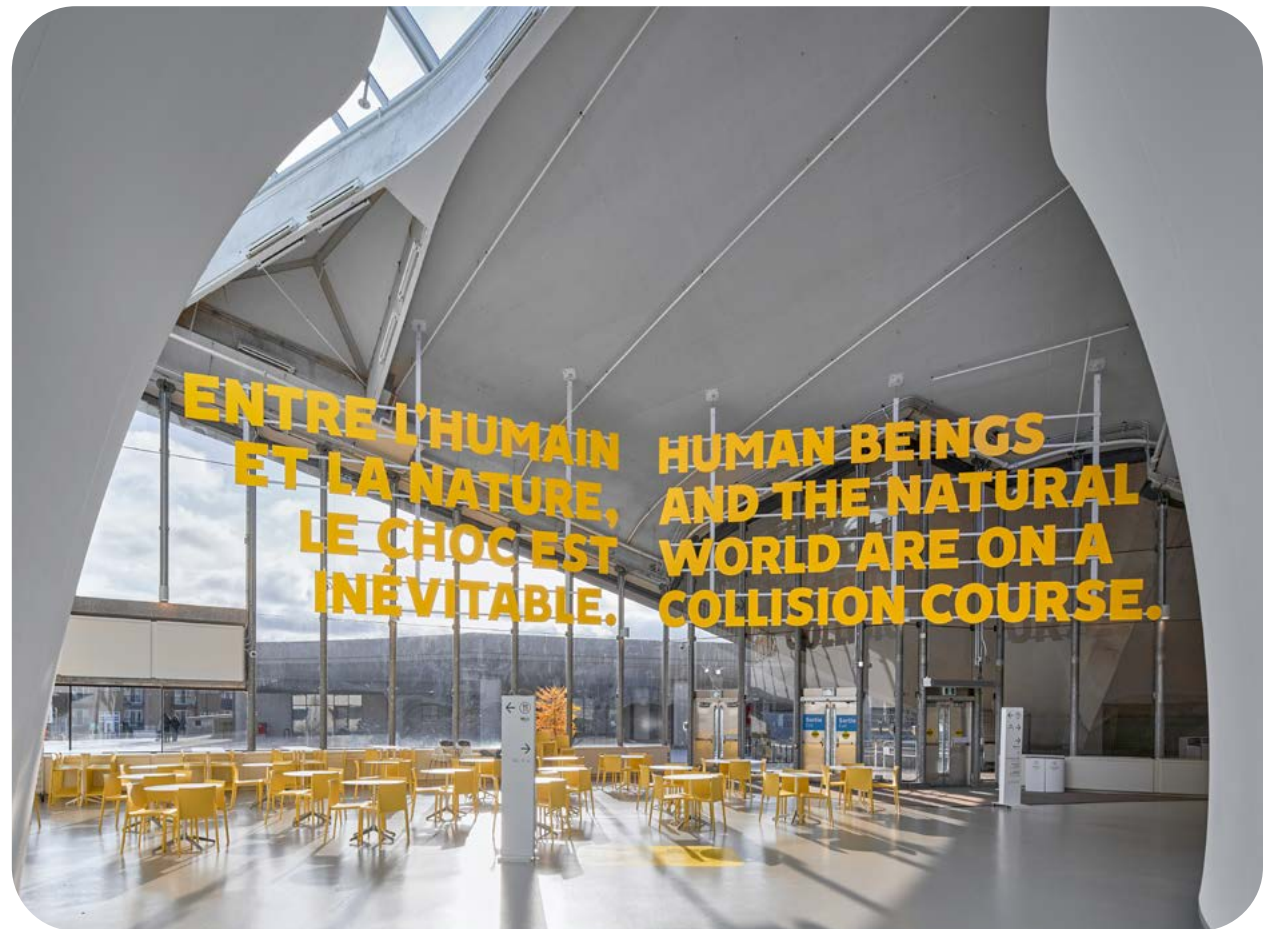
Sometimes there are guided activities in the ecosystems of the Biodôme. I don't have to take part if I don't want to.



TAKING A BREAK

If I feel tired or if I need a break, I can go to a quiet place.
The Biodôme has places where I can sit, eat a snack or relax.

When I feel ready, I can continue
my visit of the Biodôme.



ASKING FOR HELP AT THE BIODÔME

If I have a question, or if I need help,
I can ask a staff member. Staff members
wear uniforms or badges, and they can
help me find what I need.



LEAVING THE BIODÔME

When it's time to leave, I go to the exit. I can take a moment to think about what I liked most during my visit to the Biodôme.

It's fun to learn and explore new places.

Reminder: I won't forget to return my sensory kit if I have used one.



OTHER SERVICES AT THE BIODÔME

The Biodôme has a restaurant. There is also a gift shop where I can buy souvenirs of my visit.



OTHER ADAPTED SERVICES AT ESPACE POUR LA VIE

3

The five Espace pour la vie museums want to offer visitor experiences that are as accessible as possible for everyone. If you have a functional limitation or if you're accompanying a person with functional limitations, for each museum you'll find [information allowing you to plan your visit](#).



BIODÔME MAP

4

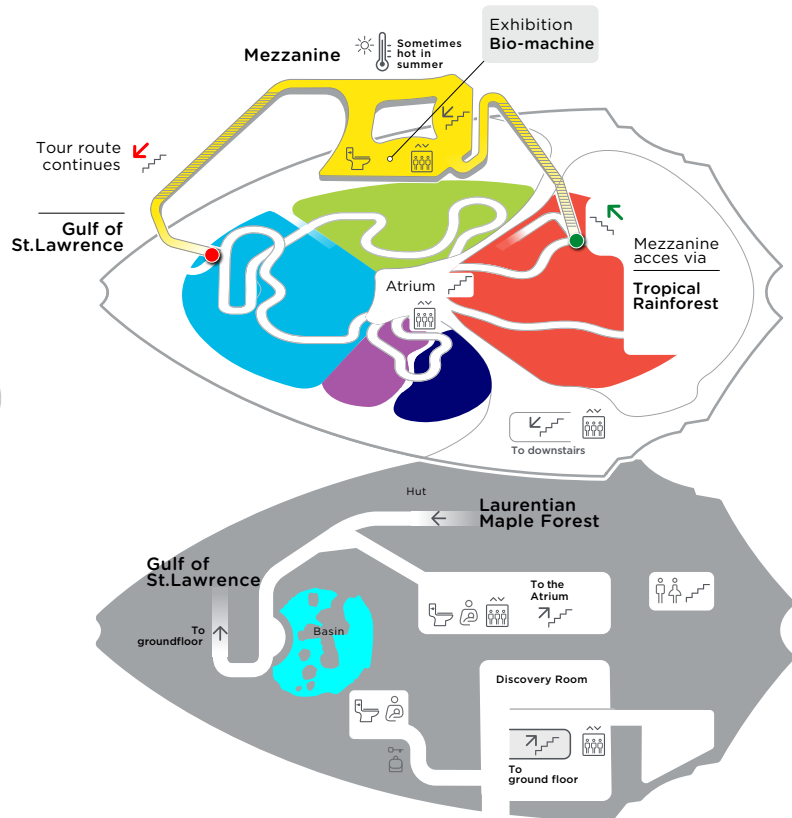


Biodôme Entrance ↑

* High noise levels are possible during peak periods

Legend

- | | | |
|-------------------|------------------|--------------------------------------|
| Elevators | Low luminosity | Entrances to ecosystems |
| Ticket counter | High noise level | Exits to ecosystems |
| Gift shop | Low temperature | Downstairs portion of the tour route |
| Restaurant | High temperature | Mezzanine bridges |
| Lockers | Tunnel | Parking |
| Dining room | | |
| Nursing room | | |
| Washrooms | | |
| Accessible toilet | | |



Mezzanine

Level 3

Ground floor

Level 2

Downstairs

Level 1

- ↓ To Planétarium
- Group reception
- Ⓟ Level 1

COMMUNICATION BOARD

5

je-moi-mon I-me-my	veux want	aller go	trop de bruit It's noisy	oui yes	assis-toi sit
toi you	laver wash	j'ai chaud I'm hot	je suis triste I'm sad	non no	attends wait
encore more	manger eat	j'ai froid I'm cold	je suis fâché I'm mad	j'aime I like	arrête stop
fini finished	boire drink	je suis malade I'm sick	je suis content I'm happy	je n'aime pas I don't like	silence quiet
aide help	marcher walk	je suis fatigué I'm tired	j'ai mal I'm hurt	maison home	bravo bravo
pause break	toilette toilet	j'ai peur I'm scared	c'est trop clair It's too bright	il fait noir It's dark	c'est cool It's cool

A	B	C	D		
E	F	G	H		
I	J	K	L	M	N
O	P	Q	R	S	T
U	V	W	X	Y	Z
1	2	3	4	5	6
7	8	9	0		

PHOTO CREDITS

PAGE 1	Espace pour la vie/ Mélanie Dusseault
PAGE 6	Espace pour la vie/ Mathieu Rivard
PAGE 7	Espace pour la vie/ Salah Eddine Djelailia
PAGE 8	Espace pour la vie/ Marie-Joëlle Filion
PAGE 9	Espace pour la vie/ Mélanie Dusseault
PAGE 10	1. Espace pour la vie/ Mathieu Rivard 2. Espace pour la vie/ Mélanie Dusseault
PAGE 11	1. Espace pour la vie/ Mélanie Dusseault 2. Espace pour la vie/ Salah Eddine Djelailia 3. Espace pour la vie/ Martine Asselin
PAGE 12	Espace pour la vie/ Salah Eddine Djelailia
PAGE 13	Espace pour la vie/ Marie-Joëlle Filion
PAGE 14	Espace pour la vie/ Stéphane Le Tirant
PAGE 15	Espace pour la vie/ Mathieu Rivard
PAGE 16	Espace pour la vie/ Photographescommercial