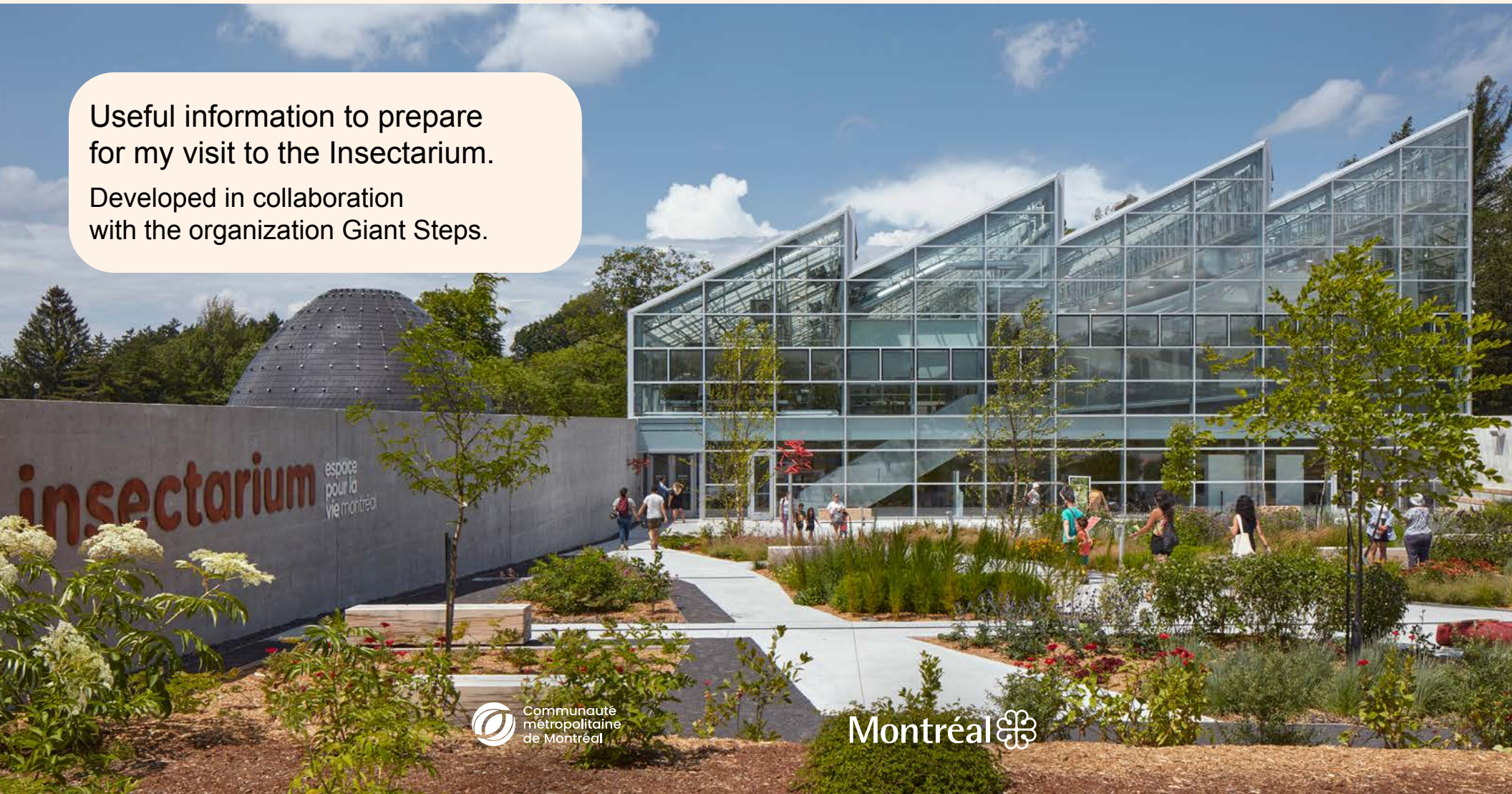


PREPARATION GUIDE

MY INSECTARIUM VISIT

Useful information to prepare
for my visit to the Insectarium.
Developed in collaboration
with the organization Giant Steps.



PREPARATION GUIDE

SUMMARY

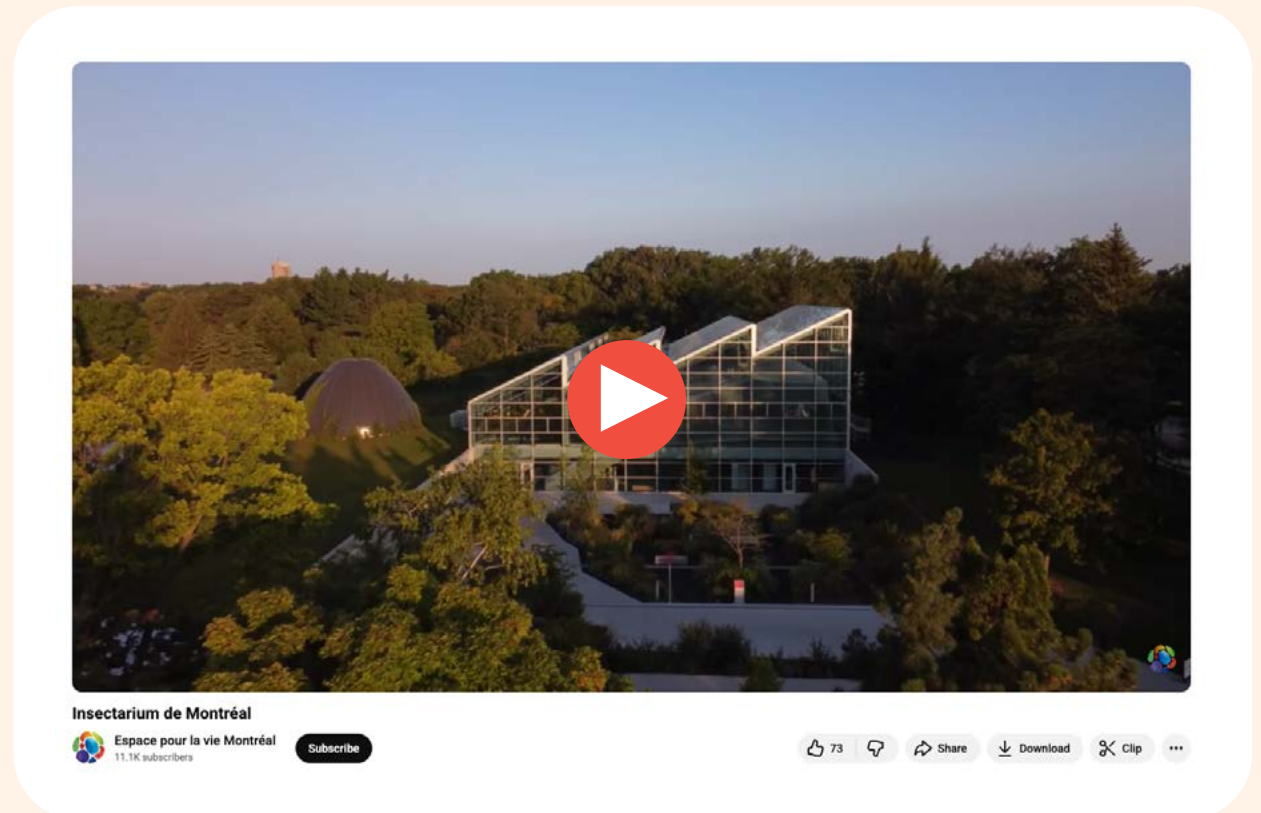
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PREPARING FOR MY VISIT TO THE INSECTARIUM

1

The Insectarium is a museum where I can learn a lot about insects.

Before I buy my ticket, I can watch this [video](#) to get ready.



I BUY MY TICKET

I can buy my ticket online.

To buy my ticket online,
[I can click here](#)

I choose the day and time that works best for me.

I keep my ticket on my phone so that I can show it when I arrive.

I can also buy my ticket on-site.

The screenshot displays the 'Espace pour la vie Montréal' website. At the top left is the logo, and at the top right is a 'MY PASSPORT' button. The main section is titled 'Ticketing' and features several promotional cards:

- Espace pour la vie Passport:** A card with a butterfly image and the text '1 passport 5 MUSEUMS.' It includes two buttons: 'Buy your Passport' and 'Buy the Passport as a gift'. Below the image, it says 'Here's a smart way to visit the five Espace pour la vie museums for 12 months!'.
- Planétarium: The Frontiers of Infinity:** A card with a space image. It lists 'Thursday evenings' and describes an immersive film about space and consciousness. It includes links for 'Regular tickets' and 'CMM* Resident tickets (Greater Montreal)'.
- Biosphère: Family Saturday:** A card with a green and yellow background. It lists 'From Saturday, December 6, 2025 to Saturday, April 4, 2026' and describes a monthly family time event. It includes links for 'Regular tickets' and 'CMM* Resident tickets'.
- Planétarium: Sensory-friendly Moments:** A card with a blue background. It describes a special event for people with autism and other sensory sensitivities. It includes links for 'Regular tickets' and 'CMM* Resident tickets (Greater Montreal)'.

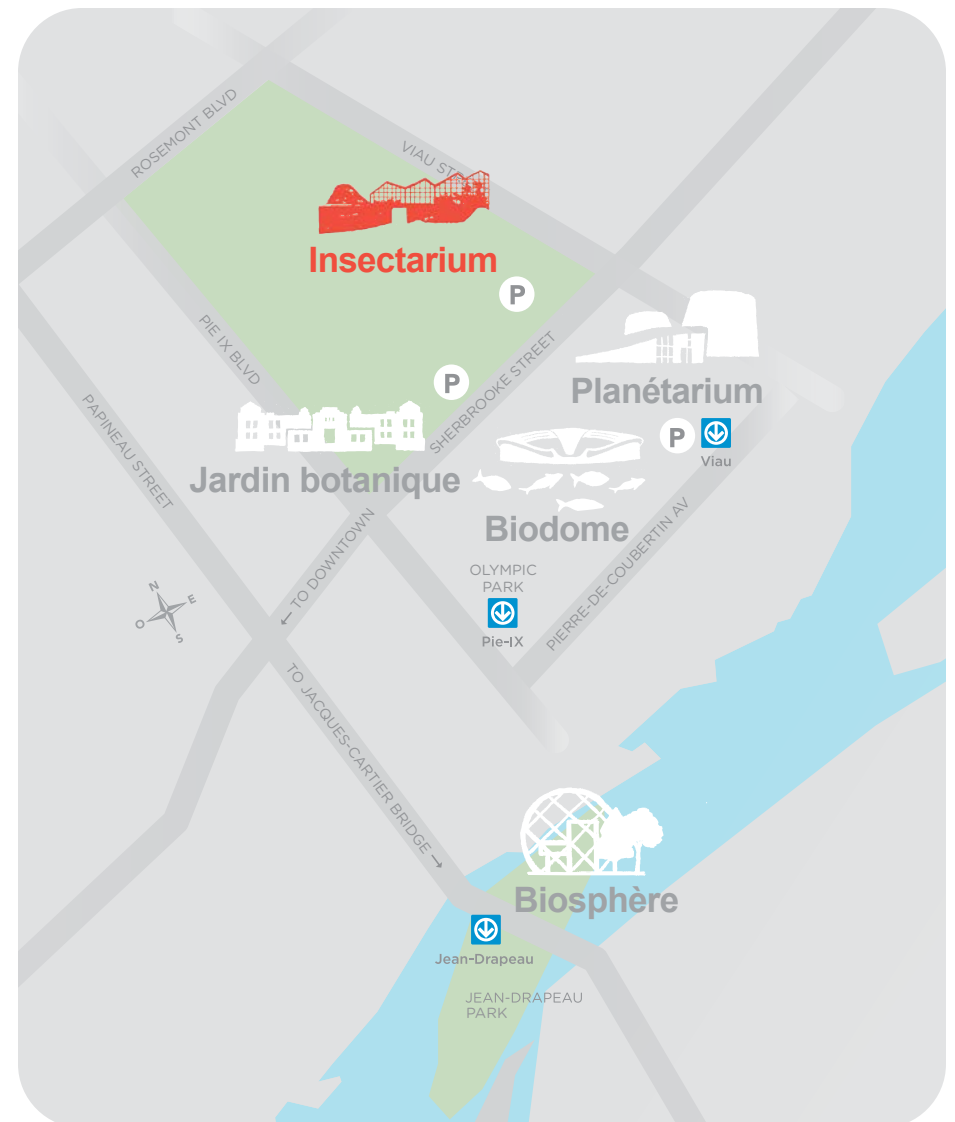
Below the ticketing section is a 'Museums' section with five cards:

- biodôme:** Includes links for 'Regular tickets' and 'CMM* Resident tickets (Greater Montreal)'.
- biosphère:** Includes links for 'Regular tickets' and 'CMM* Resident tickets (Greater Montreal)'.
- insectarium:** Includes links for 'Regular tickets' and 'CMM* Resident tickets (Greater Montreal)'.
- jardin botanique:** Includes links for 'Regular tickets' and 'CMM* Resident tickets (Greater Montreal)'.
- planétarium:** Includes links for 'Regular tickets' and 'CMM* Resident tickets (Greater Montreal)'.

A small red circular icon is visible in the bottom right corner of the website screenshot.

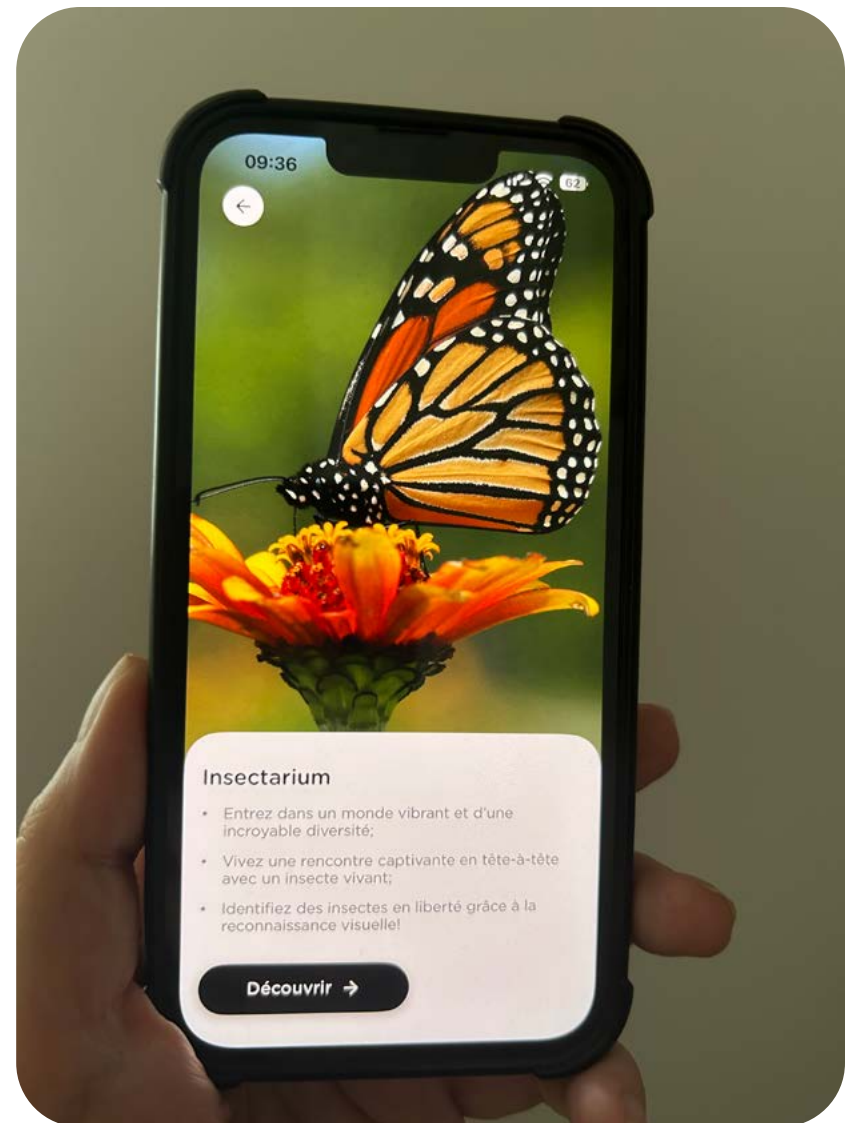
BEFORE I LEAVE HOME

- I check how to get there.
- I make sure I am dressed comfortably.
- It can be warm in the Great Vivarium, a large greenhouse where butterflies fly freely.
- I can bring a water bottle, a snack, my communication device and anything else I need for the day.
- I can bring things that help me feel good, like my headphones or a toy.
- If I have a service dog, I can bring it with me.



THE INSECTARIUM HAS AN APP

I can [download the app](#) on my cellphone if I want more information during my visit.



I ARRIVE AT THE INSECTARIUM

The Insectarium is a glass building with a unique design.
I go in through the main entrance.

I walk through the Pollinator Garden. When the garden is in bloom,
I may see insects like bees and butterflies.



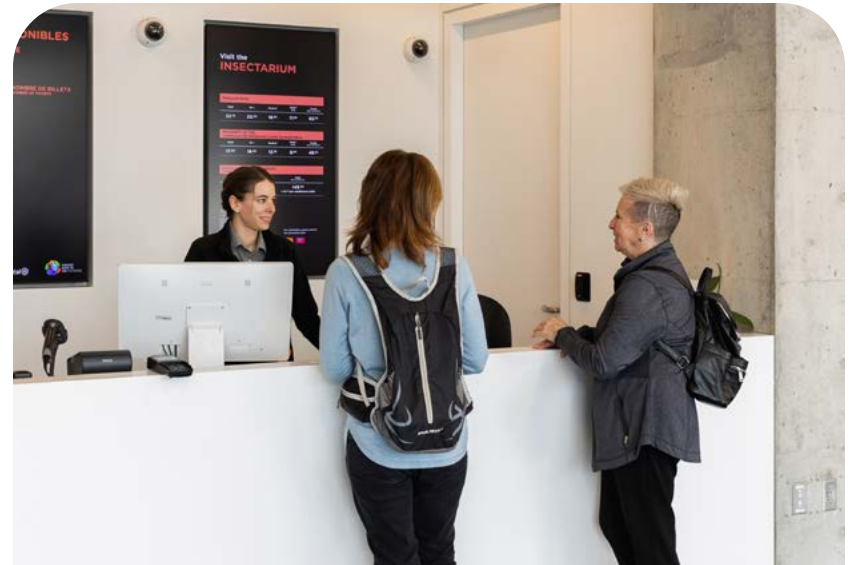
I GO INTO THE INSECTARIUM

If I need to buy a ticket, I go to the ticket counter.

I might have to wait in line at the ticket counter if other people have arrived before me.

After I buy my ticket at the counter, or if I already have a ticket because I bought it online, I show it to the person at the entrance.

I might have to wait in line before showing my ticket.



THE INSECTARIUM'S SENSORY KITS



I can borrow a sensory kit for my whole visit. It has objects that can help me feel calm and comfortable.

Before lending me the sensory kit, a staff member will ask me to leave a piece of ID (a driver's licence, a healthcare card, a student card or another card with my name and photo on it).

I can get my ID back when I return the sensory kit before I leave.

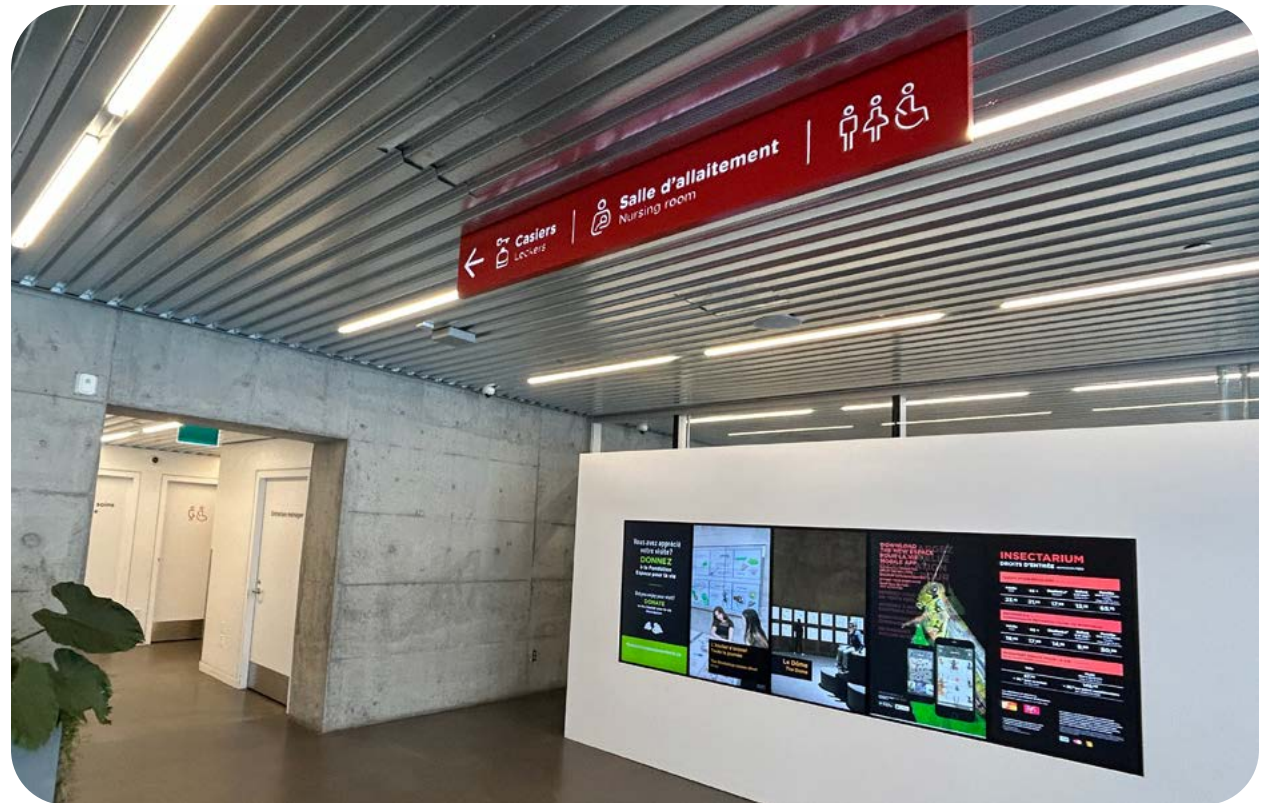


BEFORE STARTING MY VISIT

Washrooms

Before I start my visit, I may want to use the washrooms. The washrooms are on the left, just before the big screen in the entrance hall.

If I cannot find the washrooms, I can ask a staff member to show me where to go.



DURING MY VISIT TO THE INSECTARIUM

2

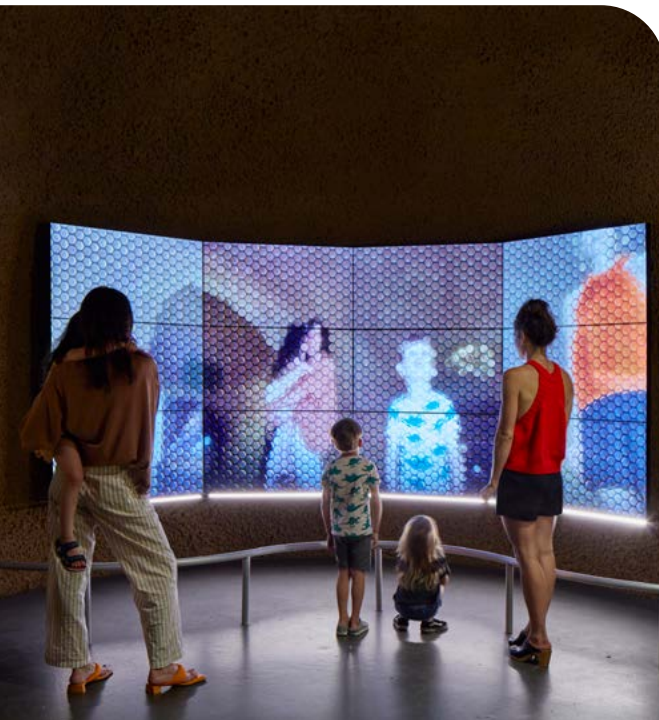
Inside Insectarium

I start my visit in a tunnel. It is designed to make me feel a bit like an insect. The space is a little dark and the walls are textured. I follow the pathway.



FIRST PART OF THE VISIT

I can see the way flies see us. I can feel the floor vibrating the way insects feel it. I can move like an insect between the metal stems that look like tall grass.



SECOND PART OF THE VISIT

Now that I understand better how insects perceive the world around them, I can go see them.

I can look at them up close through the glass.



THIRD PART OF THE VISIT

I go into a dome-shaped room where I can see preserved insects.
They are presented like works of art.

It is impressive to see all the colours, shapes and sizes
of the different insects on display.



IDENTIFYING INSECTS

I can identify insects using my cellphone and the QR code on the sides of the room.

I can also find the information on the touchscreens in the room.

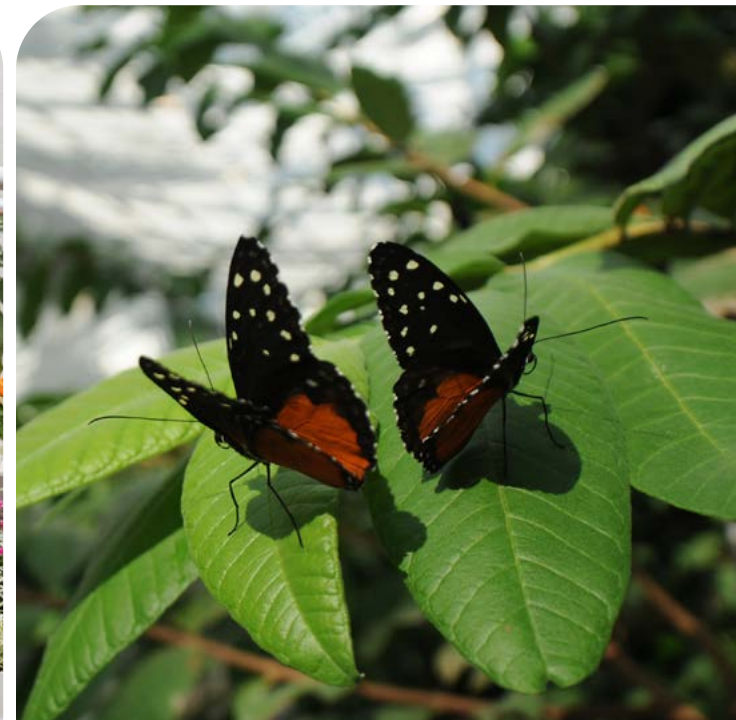


FOURTH PART OF THE VISIT

Next, I go into a large greenhouse by walking through plastic strips that keep the butterflies inside. The light may be bright.

The butterflies fly freely in this big space. I cannot touch the butterflies, but they may come near me. They are not dangerous.

The flowers are beautiful and smell nice!



THE GREAT VIVARIUM

This greenhouse is called the Great Vivarium.

Some insects, like butterflies, can move around freely.

Other insects stay in display areas they cannot leave, but I can still see them well.



GUIDED ACTIVITIES

Sometimes there are guided activities in the Great Vivarium.
I don't have to take part if I don't want to.

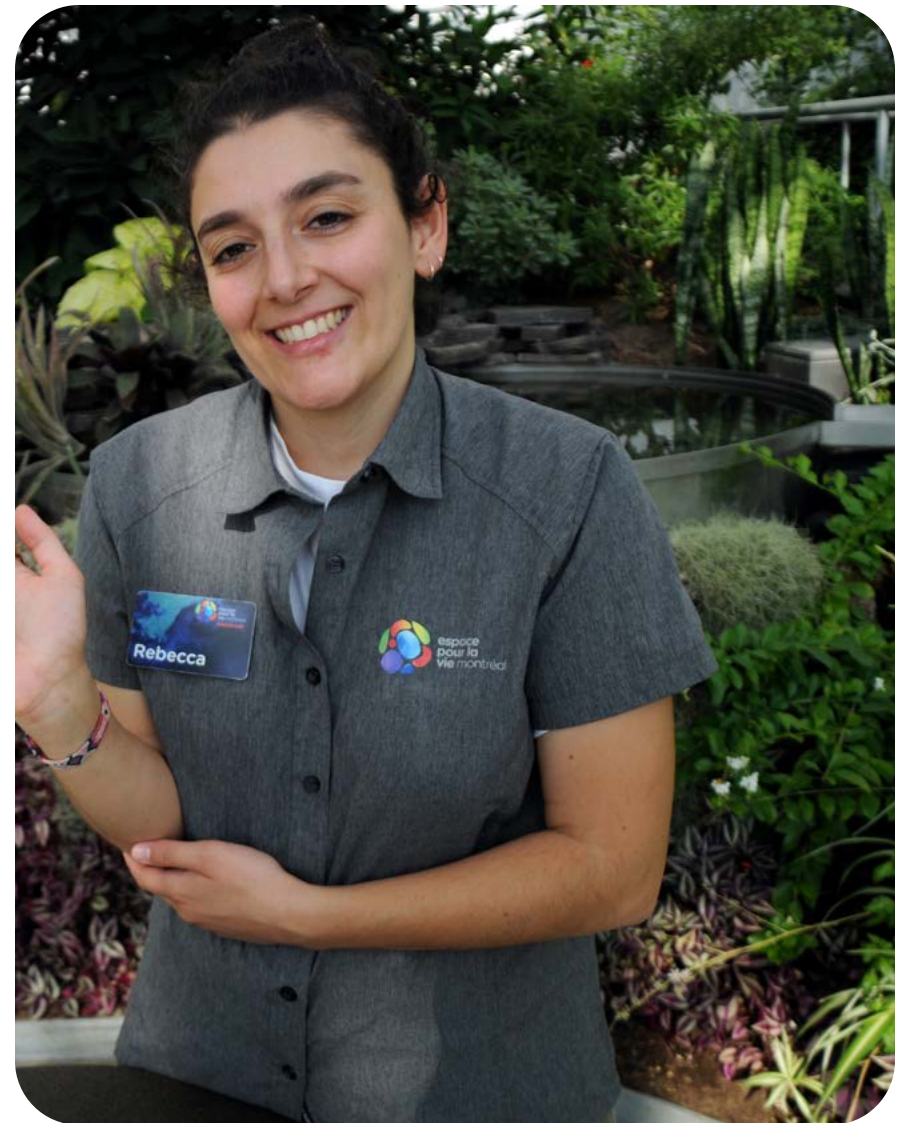
There are also touchscreens where I can find information on insects
I may see in the Great Vivarium.



ASKING FOR HELP AT THE INSECTARIUM

If I have a question, or if I need help,
I can ask a staff member.

Staff members wear uniforms or badges,
and they can help me find what I need.

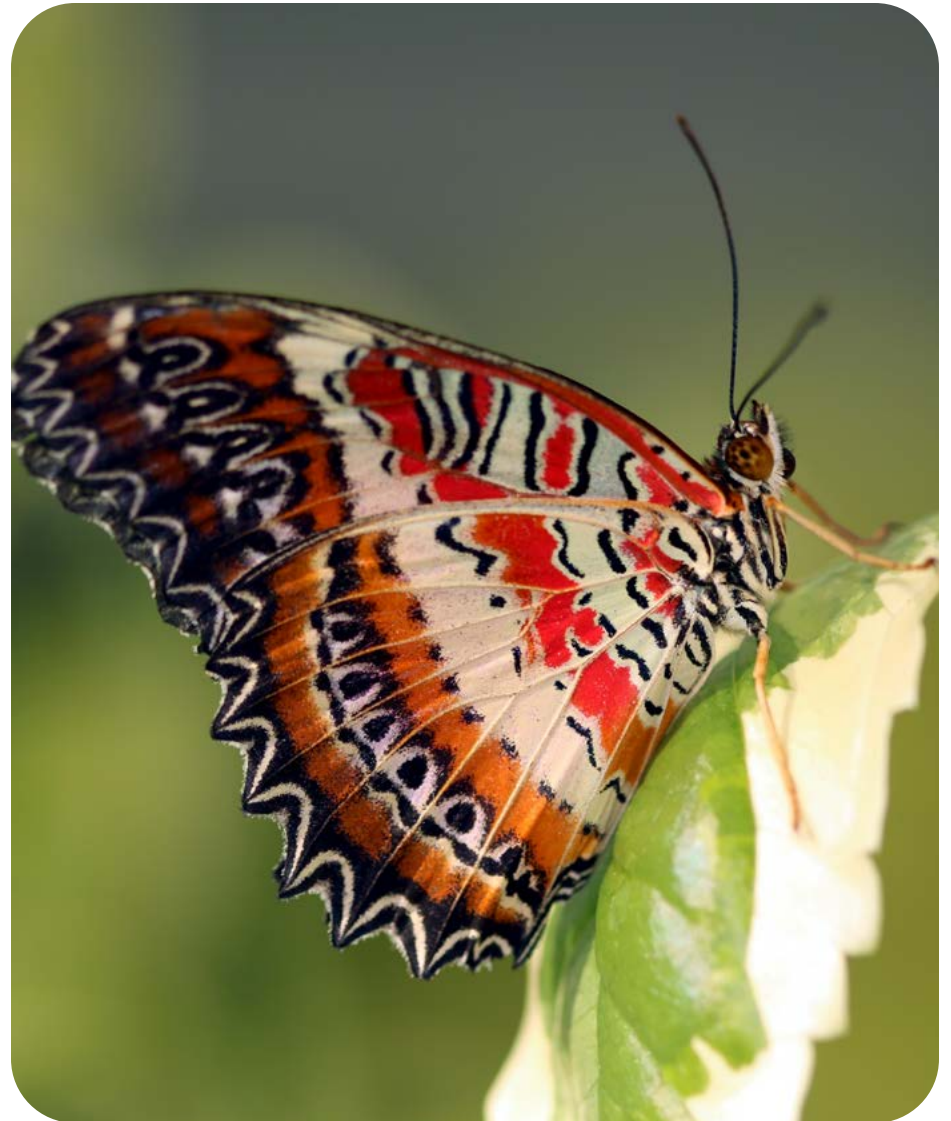


LEAVING THE INSECTARIUM

When it's time to leave, I go to the exit. I can take a moment to think about what I liked most during my visit to the Insectarium.

It's fun to learn and explore new places.

Reminder: I won't forget to return my sensory kit if I have used one.

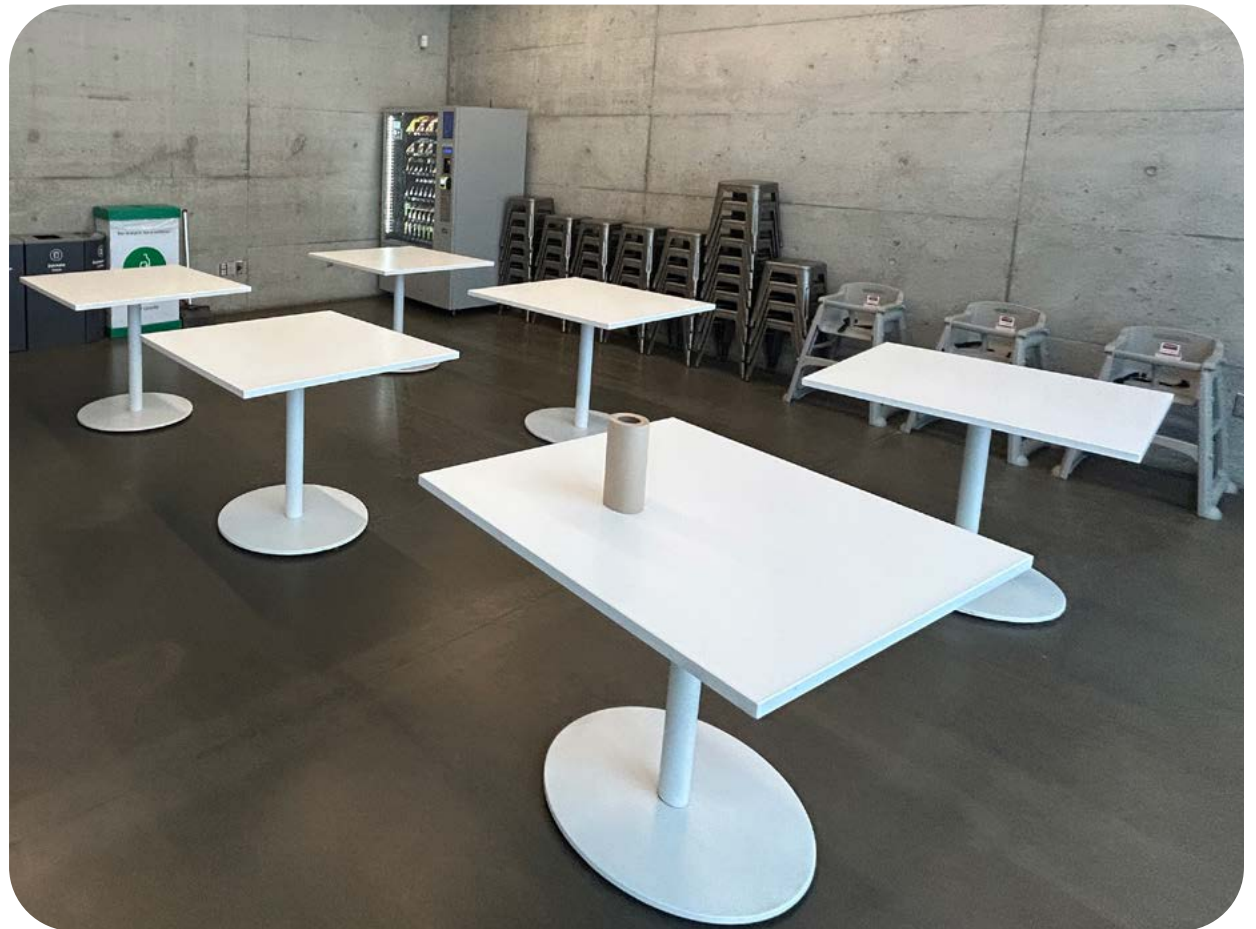


OTHER SERVICES AT THE INSECTARIUM

There is no restaurant at the Insectarium.

There is a space with vending machines, tables and stools where I can sit and eat a snack. This space is behind the big screen.

I can buy souvenirs from my visit at the ticket counter. I can also buy souvenirs at the Welcome Pavilion, which is next to the Insectarium and the parking lot.



OTHER ADAPTED SERVICES AT ESPACE POUR LA VIE

3














The five museums that make up Espace pour la vie would like the visitor experience to be as accessible as possible for everyone. If you have a functional limitation, or if you are with someone who has functional limitations, you can find [information for each museum to help you plan your visit.](#)

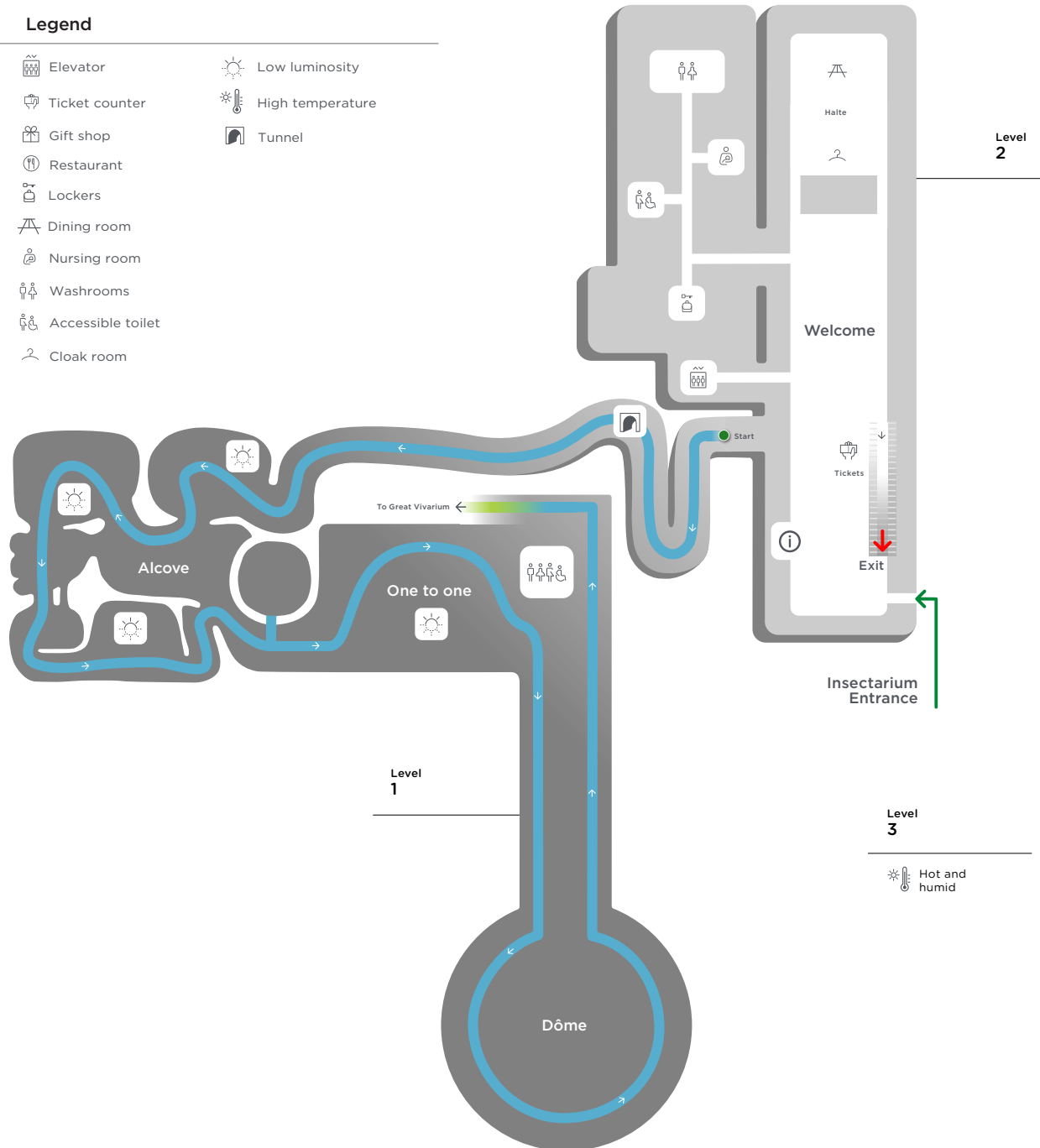



INSECTARIUM MAP

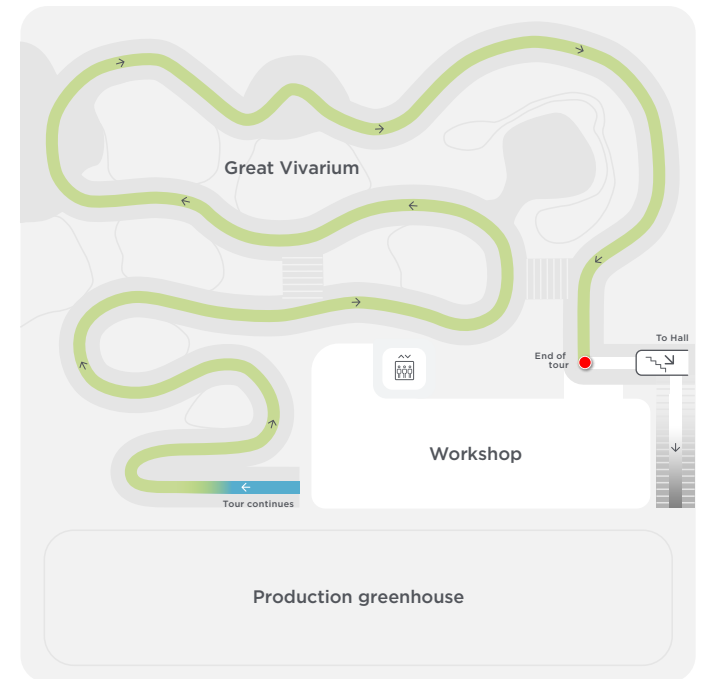
4

Legend

- | | |
|---|--|
|  Elevator |  Low luminosity |
|  Ticket counter |  High temperature |
|  Gift shop |  Tunnel |
|  Restaurant | |
|  Lockers | |
|  Dining room | |
|  Nursing room | |
|  Washrooms | |
|  Accessible toilet | |
|  Cloak room | |



- Level 3**
-  Hot and humid



COMMUNICATION BOARD

5

je - moi - mon I - me - my	veux want	aller go	trop de bruit It's noisy	oui yes	assis-toi sit
toi you	laver wash	j'ai chaud I'm hot	je suis triste I'm sad	non no	attends wait
encore more	manger eat	j'ai froid I'm cold	je suis fâché I'm mad	j'aime I like	arrête stop
fini finished	boire drink	je suis malade I'm sick	je suis content I'm happy	je n'aime pas I don't like	silence quiet
aide help	marcher walk	je suis fatigué I'm tired	j'ai mal I'm hurt	maison home	bravo bravo
pause break	toilette toilet	j'ai peur I'm scared	c'est trop clair It's too bright	il fait noir It's dark	c'est cool It's cool

A	B	C	D		
E	F	G	H		
I	J	K	L	M	N
O	P	Q	R	S	T
U	V	W	X	Y	Z
1	2	3	4	5	6
7	8	9	0		

PHOTO CREDITS

PAGE 1	James Brittain	PAGE 17	Espace pour la vie/ Mélanie Dusseault
PAGE 6	Espace pour la vie/ Martine Asselin	PAGE 18	Espace pour la vie/ Mélanie Dusseault
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PAGE 13	1. James Brittain 2. Espace pour la vie/ Mélanie Dusseault		
PAGE 14	1. Espace pour la vie/ Mélanie Dusseault 2. Espace pour la vie/ Claude Lafond		
PAGE 15	Espace pour la vie/ Mélanie Dusseault		
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